

## A Marriage Covenant

I \_\_\_\_\_  
take you, \_\_\_\_\_,  
to be my \_\_\_\_\_. I promise before \_\_\_\_\_  
and these witnesses to be your faithful \_\_\_\_\_,  
to share with you in plenty and in \_\_\_\_\_,  
in joy and in \_\_\_\_\_,  
in \_\_\_\_\_ and in health,  
to \_\_\_\_\_ you and \_\_\_\_\_ you and  
to \_\_\_\_\_ with you so that \_\_\_\_\_ we may serve  
God and others for as long as we both shall live.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
date

## Marriage Builder Exercises

1. Sign the Marriage Covenant above and keep the promises.
2. Strike Divorce from your vocabulary.
3. Identify competitors to Exclusivity and Oneness.
4. Do 1 act of Alongside/Love service each day this week.
5. Commit to pray for your spouse every day.

**Bonus** (this will require a mutual commitment)

- \* We commit to pray together every day.

## IT'S NOT ABOUT A PIECE OF PAPER.

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Instead, be filled with the Spirit, <sup>19</sup> speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, <sup>20</sup> always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. Submit to one another out of reverence for Christ. <sup>22</sup> Wives, submit yourselves to your own husbands as you do to the Lord. <sup>23</sup> For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. <sup>24</sup> Now as the church submits to Christ, so also wives should submit to their husbands in everything. <sup>25</sup> Husbands, love your wives, just as Christ loved the church and gave himself up for her <sup>26</sup> to make her holy, cleansing her by the washing with water through the word, <sup>27</sup> and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. <sup>28</sup> In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup> After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church— <sup>30</sup> for we are members of his body. <sup>31</sup> “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” <sup>32</sup> This is a profound mystery—but I am talking about Christ and the church. <sup>33</sup> However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

Ephesians 5:19-33 NIV

But for Adam no suitable helper was found. <sup>21</sup> So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. <sup>22</sup> Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. <sup>23</sup> The man said, “This is now bone of my bones and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man.” <sup>24</sup> That is why a man leaves his father and mother and is united to his wife, and they become one flesh. <sup>25</sup> Adam and his wife were both naked, and they felt no shame.

Genesis 2:20-25 NIV

# R \_\_\_\_\_.

Submit to one another out of reverence for Christ. Ephesians 5:21 NIV

Imitate God, therefore, in everything you do, because you are his dear children.  
<sup>2</sup> Live a life filled with love, following the example of Christ. He loved us and offered himself as a sacrifice for us, a pleasing aroma to God... Ephesians 5:1-3 NLT

“But at the beginning of creation God ‘made them male and female.’ <sup>7</sup> ‘For this reason a man will leave his father and mother and be united to his wife, <sup>8</sup> and the two will become one flesh.’ So they are no longer two, but one flesh. <sup>9</sup> Therefore what God has joined together, let no one separate.” Mark 10:6-9 NIV

From \_\_\_\_\_ to \_\_\_\_\_

# E \_\_\_\_\_.

“For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” <sup>32</sup> This is a profound mystery—but I am talking about Christ and the church. Ephesians 5:31 NIV

That is why a man leaves his father and mother and is united to his wife, and they become one flesh. <sup>25</sup> Adam and his wife were both naked, and they felt no shame. Genesis 2:24, 25 NIV

Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous. Hebrews 13:4 ESV

“My spouse should not have to \_\_\_\_\_ for my attention.”

# A \_\_\_\_\_.

Submit to one another out of reverence for Christ. Ephesians 5:21 NIV

The Lord God said, “It is not good for the man to be alone. I will make a helper suitable for him.” Genesis 2:18 NIV

But for Adam no suitable helper was found. <sup>21</sup> So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man’s ribs and then closed up the place with flesh. <sup>22</sup> Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. <sup>23</sup> The man said, “This is now bone of my bones and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man.” Genesis 2:20-23 NIV

Living as one who is for \_\_\_\_\_ !

# L \_\_\_\_\_.

Therefore be imitators of God, as beloved children; <sup>2</sup> and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma. Ephesians 5:1, 2 NASB

“This is My commandment, that you love one another, just as I have loved you. <sup>13</sup> Greater love has no one than this, that one lay down his life for his friends. <sup>14</sup> You are My friends if you do what I command you. John 15:12-14 NASB

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup> It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup> Love does not delight in evil but rejoices with the truth. <sup>7</sup> It always protects, always trusts, always hopes, always perseveres. <sup>8</sup> Love never fails. 1 Corinthians 13:4-8 NIV

“Having a loving marriage requires me to \_\_\_\_\_.”